



Preparing for Peace

Philippians 4:2-9
(Letters from Prison #8)
7-12-20

Thomas Brookes once said, “for _____ to worry _____ is no wonder, but for _____ to worry one another, this is unnatural and monstrous.

1. Seek _____ with others.

A. _____ is one of enemies of joy. Seek _____ not battleground.

“Better to live on a corner of the roof than share a house with a quarrelsome wife.” Proverbs 25:24, NIV

B. Goldilocks Syndrome: that’s when happiness eludes us because we demand _____ in an _____ world. Nothing is ever just right, so we don’t enjoy the _____ days that are a little, quite a bit, or even mostly right.

C. To avoid conflict, practice _____. (v5)

2. Seek _____, _____ as much as anything else.

A. _____ is looking for what’s good and praiseworthy, and delightful and noble, and excellent all around you and _____ in it.

B. _____ and _____ are enemies of joy.

3. Seek God in _____.

A. Prayer is a recognition that there is a _____.

B. That makes prayer the perfect antidote for _____. _____ is another enemy of joy.

C. If you’re good at worrying, you’d be great at being a _____.

D. How else do we pray? “About _____.”

E. One of the reasons that people do pray, but also continue to worry is that they don’t _____ in talking with God about _____ things.

“Call to me and I will answer you and tell you great and unsearchable things you do not know.” Jeremiah 33:3, NIV

“and call upon me in the day of trouble; I will deliver you, and you will honour me.” Psalms 50:15, NIV

Conclusion:

It is _____ that will enable us to agree, to rejoice, to even see the good and beautiful.